



FACTS: Family Achievement in Recovery at PAR Village & PAR Village Developmental Center

Overview: In 1989, Operation PAR launched one of the first gender-specific residential substance abuse treatment programs for women and their children in the United States. Today, Family Achievement in Recovery at PAR Village (FAIR) is nationally renowned. Family Achievement in Recovery at PAR Village provides residential substance abuse treatment to pregnant, post-partum and/or parenting women suffering from addiction and/or co-occurring mental health disorders. Women entering treatment who have children up to ten years of age may have their children reside with them while in treatment—maintaining the family unit. Participants focus on recovery while participating in a family-centered treatment environment. They learn parenting skills and develop self-sufficiency skills while abstaining from alcohol and other drugs.

Services include: transitional housing, alcohol and drug treatment, parenting education, individual and family therapy, co-occurring mental health services, case management and adult remedial education, including preparing them for their GED and vocational readiness and securing permanent housing upon discharge. Children receive therapeutic developmental services through the *PAR Village Developmental Center*. Older children up to 17 years of age receive family therapy and community referrals as needed.

Achievements:

- Operation PAR recently received an additional 3-year PPW grant award from SAMHSA for 2008 to 2011
- Featured on two WEDU Public Broadcast televised productions 11/07 and 2/08
- Received the FADAA/DCF Exemplary Program award in 2007

Program Outcomes

- Since inception in 2004, the program has served 165 women
- FAIR served 383 children of participants. Of these children, 24 resided with their mothers in treatment.
- 13% of FAIR participants were pregnant (N= 22) and 86% gave birth to healthy babies
- Within 3 years, the percentage of women who left residential treatment Against Medical Advice (AMA) within the first 30 days of admission has dropped from 62% in 2004 to 47% in 2007
- Treatment engagement has increased 179% from 26% in 2004 to 72% in 2007.
- 52.1% of participants successfully completed treatment
- Length of time between initial contact and assessment has been reduced on average from 33 days to 5 days, an 83% reduction
- Treatment retention has increased 13.1% from 62% in 2004 to 70.1% in 2007
- All staff are trained in MET/CBT and 3 are certified in Seeking Safety
- Peer-Led Seeking Safety adds a unique recovery coach perspective



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How We Do it: Evidenced-Based Best Practices

- Standardized screening/ assessment – GAIN, Screening and assessment of children
- Motivational Interviewing (MI) & Motivational Enhancement Therapy/Cognitive Behavioral Therapy
- Trauma Informed- Trauma Curriculum – “Seeking Safety”
- Peer-Led “Seeking Safety”
- Relational Model
- Parenting Education-Triple P and Parenting Wisely
- Clinical Supervision
- Competency based training & Education
- Must partner with others: housing, vocational, health care, speech and occupational therapy, etc.

PAR Village

Developmental Center

GOAL: To reunify mothers with their children in treatment, teaching parenting skills, building parenting competence and communication while improving social and cognitive developmental delays of children.

Announcement: Pinellas Education Foundation honors Operation PAR as a 2008 Pinellas County Schools Partner of the Year nominee.

PAR Village Developmental Center Children: At Admission

- 39% Gross Motor Delays
- 54% Fine Motor Delays
- 57% Cognitive & Language Delays
- 25% Self-Help Delays
- 32% Social Delays
- More Violent, Predatory Behaviors
- Increase in “Sexualized” Kids

PAR Village Developmental Center Children: At Discharge

- Most children scored average of 18 points higher
- Some children scored 41 points higher
- Very few children needed special education
- Children maintained gains at follow-ups if no AOD in home